OWSLEY COUNTY HOST 7th ANNUAL 2S EVENT

On Sunday, November 1st, 2015, Owsley County hosted its 7th Annual 2S Event. Approximately 50 individuals accepted the challenge to come out and play with us.

2S is a statewide event that encourages all forms of physical activity within the local community and is designed to get Kentuckians moving. People across the state joined together to show the nation that Kentucky is serious about improving its residents’ health and promoting physical activity. Communities will simultaneously close roadways and plan events so that residents can bike, walk, play and participate in fun and healthy activities.

Owsley County’s 2S Event was held at the Owsley County Park from 2:00 p.m.-5:00 p.m. The following events or activities were available: Volleyball, Walking Relay, 3 legged race, hula hoop contest, fastest kid in town contest, sack races, basketball, Bicycle/Tricycle Parade & Rodeo, and Corn hole.

Congratulations also to all of our first place winner of the events!! All received ribbons sponsored by Farmer’s State Bank.

This year we changed the way we do our door prizes. The more you participated, the more tickets you received. Once you received your ticket, you were allowed to place your ticket in a door prize bucket. At the end of the event, many door prizes were given out including DVD’s, hand weights, Scooters, basketballs, footballs, etc, but the grand prizes were a boy & girl bicycle sponsored by Booneville Discount Drugs & B + H Apothecary, an iPod Shuffle & Fit Bit Tracker sponsored by Booneville Discount Drugs, and Farmers State Bank. Several groups and individuals were involved in the planning & coordination of this event including the following: Owsley County Extension Service, Owsley County Extension Homemakers, Owsley County 4-H, Owsley County Drug Awareness Council, Owsley Co. ASAP, Owsley County Schools and Southeast Dairy Association Special thanks to these groups and organizations for all their planning assistance.

Special thanks to the following sponsors for their support of time, money and promotion of this event: Owsley County Schools – apples, oranges and pears for refreshments; Farmers State Bank–medals & physical incentive items; Booneville Discount Drugs – 1 bicycle and physical incentive items; B + H Apothecary- 1 bicycle for prizes; Owsley County Local ASAP Board for $500.00 grant for t-shirts; UK- Owsley County Extension Service, Owsley County Extension Homemakers, Owsley County 4-H, and Southern Dairy Association provided an exhibit and pedometers. A very special thanks to all of the children who brought their bicycle, tricycle and/or riding toy and participated in the parade and rodeo.

Thank you to the Owsley County 4-H Teens, Owsley County Extension Homemakers & Leaders, and Community Partners that volunteered throughout the event.

Thanks again for your participation and for making our 7th Annual 2S Event successful. If you are interested in learning about other opportunities that the Extension Service provides focusing on being physically active and living a healthy lifestyle, please call us at (606)593-5109 for more information of upcoming events and programs. Also, like the Owsley County Extension Service on Facebook for up-to-date information on programming.
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Submitted By: Natasha Lucas, CEA of Family & Consumer Sciences

**Scenes from the 2S Event – 11-1-2015**