

in this Report Include:

- *Ag & Natural Resources Improved Feed Lots
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- *EFNEP/SNAP Pumpkin Days

persons to become permanent settlers in the area now composing Owsley County were James Moore, John Abner, Henry Gabbard, William Baker and William Neal (spring of 1798). The families of these five men moved in about the same time although they did not come together.

About Us

We're part of the University of Kentucky and Kentucky State University off-campus information network. Let us connect you to UK, KSU and the world. We deliver information, education, and solutions. And we grow ideas into better communities, stronger local economies and healthier lives.

Cooperative **Extension Service**

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Family & Consumer Sciences

Although the Owsley County Office is currently without an FCS agent the Owsley County Extension Service hosted the Quicksand Area Holiday Road Show for the Owsley County Homemakers on November 2, 2023!! The Quicksand Area FCS Agents presented their Holiday Crafts and Holiday Recipes. As always, these ladies have "delicious treats and holiday decorations". Special thanks to - Stacy Trent, Breathitt County; Lorie Adams, Knott County; Laken Campbell, Lee County; Vicki Boggs, Leslie County; Nanette Banks, Letcher County; Kelsey Sebastian, Perry County; and Darian Creech, Wolfe County!! We would like to thank the area agents for making this possible. Our homemakers love this event and look forward to it every year.



Ag & Natural Resources

Improved Feed Lots

Much of the hay produced in this area is stored outside resulting in a great deal of waste, low nutrient levels and low digestibility. This can lead to many issues in the herd. To address the need for improved forage quality and to increase farmers' understanding of the economics of hay production a workshop was held in Owsley County with Dr. Steve Higgins. Dr. Higgins reported his findings on the practices that were put in place at Eden Shale Farm. 25 producers participated in the workshop. As a follow-up at this year's Owsley County Beef Producers Field Day Mr. Doug Wilson with NRCS spoke to a group of 32 producers at an onsite demonstration of Fence line Feeding, Owsley **County Beef Producers also toured the Eden Shale** Operation. Currently 27 producers in Owsley County have implemented these practices including feeding systems and most have received cost share and have reported many benefits to their herds since implementing these practices.



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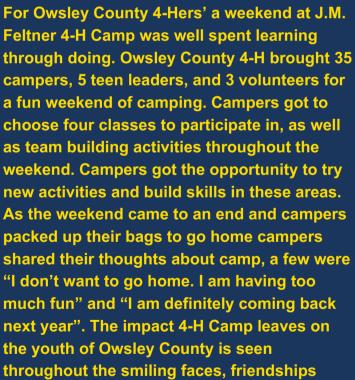
Program Areas





"I never knew a place like this could exist. Now that I do, I don't want to leave" a 4-H Camper 2023

Carissa Miske 4-H Camp



made, and the skills and leadership they bring

73% of the participants reported that this was their first time eating pumpkin "This is good, can I have more?" ~ Pumpkin Days Participant.

back and exhibit every day in their

communities.



Sherry Becknell & Tracey Turner EFNEP/SNAP - Pumpkin Days

September 28th - 29th, 2023 Pumpkin Days was held at the Robinson Center for Appalachian Resource Sustainability. Youth in Preschool, Head start, Kindergarten and 1st Grades attended from multiple different counties where they rotated through educational stations, played games, took a hayride to the pumpkin patch to select their own pumpkin to take home. Different SNAP approved pumpkin recipes were made by numerous different SNAP-Ed Assistants, Program Assistants and Agents for the kids to try. Each child was given a recipe booklet to take home. Due to the generosity of those working in Extension, we were able to provide this day to 697 youth over the two days. The Owsley County Extension Service Nutrition education program assistants gave out samples of pumpkin dip to all the kids in attendance. Teachers and students said they looked forward to coming again next vear.



Program Impacts



- 42 Number of people who gained information on beef nutrition, animal health, genetics, reproduction and/or facilities and equipment.
- 250 Number of people who increased knowledge of farm health and safety practices, (i.e. farm safety days, disaster preparedness, and equipment demonstrations
- 12 Number of individuals reporting improved regarding disaster preparedness (such as emergency kit contents: daily water needs for survival: damage assessment: evacuation and sheltering in place plans.
- 20 Number of farmers who have diversified their small farms, or added "new enterprises"
- 81 Number of youth and adults who have participated in a community-based service project.
- 347 Number of youth who received the 4-H/UK CAFE marketing materials.
- **165** Number of youth who participated in college and career educational programs (KOSA).
- 38 The number of youth who participated in overnight, 4-H summer camp.
- 82 Number of youth who experienced improved social skills and or self-efficacy.
- 50 Number of individuals reporting an increase awareness of local food systems.
- 15 Number of those who have participated in new activities related to stronger local food systems as a result of local food systems programming.
- 3 The number of food partnerships formed through Extension Coalitions.

Contact Us



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Our Team

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